

■ 2020 ■ Term 3 ■ Weeks 8, 9 and 10

■ Principal: Meg Reynolds



Illabo Public School

# Newsletter



Paper Plane Ingenuity

Thanks to Questacon Aerodynamics

- Phone: (02) 6924 5475
- Fax: (02) 6924 5432
- Email: [illabo-p.school@det.nsw.edu.au](mailto:illabo-p.school@det.nsw.edu.au)
- Website: [www.illabo-p.schools.nsw.edu.au](http://www.illabo-p.schools.nsw.edu.au)

**Learn for Life**

Illabo Public School

1 Layton Street

Illabo NSW 2590



Education  
Public Schools







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2020 Term 3 Week 8, 9 and 10

## Calendar

### Term 3, Week 8

Friday 11 September Tennis

### Term 3, Week 9

Friday 18 September Tennis

Mr Crouch's last day at Illabo PS

### Term 3, Week 10

Thurs 24 September EPS will join IPS here for a Softball Gala day and BBQ

Friday 25 September Last day of Term 3  
Tennis

### Term 4, Week 1

Monday 12 October Staff Development Day

Tuesday 13 October Students return for Term 4

## Feature Photo



Years 2-6 Enjoyed making paper planes after an interactive session with Qwestacon

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**Spring is in the air** and so is hay fever and asthma, please ensure all Asthma Action Plans and medication is up-to-date.



Education  
Public Schools

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**NGUMBA-DAL**  
LEARNING COMMUNITY

## A message from Meg

**I'm checking in to make sure you're OK.**

**RU OK?**

Thursday 10 September was R U OK? Day. **R U OK?** seeks to create a world where we're all connected. We're never too young or too old to look out for one another and meaningfully

connect. A range of circumstances can lead to a child feeling low, including:

- Big life changes like moving house or school
- Experiencing grief or loss
- Being around people going through tough times
- Being bullied
- Arguing with someone
- Problems with school work
- Being bored
- Having a medical condition or chronic illness
- Not sleeping well
- Not exercising enough
- Special needs

### Four steps can help.

- 1. Ask R U OK?** Be relaxed, friendly and concerned in your approach.
- 2. Listen with an open mind.** Don't interrupt or rush the conversation.
- 3. Encourage action.** Be positive and seek professional help if needed.
- 4. Check In.** Remember to follow up.

## Fruit & Veg Month 2020

Our school Vegetable patch is growing beautifully in this spring - weather.



*Last year we had old, splintery timber garden beds. Luckily, the ARTC gave us about \$4000 to make new ones. But then COVID-19 came around the corner and we all had to be home-schooled. The mission was postponed.*

*We couldn't plant anything because nobody would be there to take care of them. A month or two later, we got to go back to school and the P and C went back to work on our silver, corrugated steel garden beds. The P and C worked hard in putting the crushed granite on the ground and built a metal frame around it. They put new soil in the garden beds and the mission was complete.*

*Once the P and C left, Mrs Reynolds bought seedlings from Bunnings and we got to work planting them in the silver garden beds. It was loads of fun. They were way better than the ones we had last year. We have a good variety of vegetables and herbs that we are going to sell to parents and grandparents and the money that we raise will go towards buying more seedlings. We are also going to use some of them in cooking so we can eat our delicious vegetables.*

*By Jessica Garlick.*

## Footy Colours and Jersey Day

On Friday 4 September our school took part in Footy Colours and Jersey Day. We raised \$90.00 from our small school and this will go towards raising awareness for the organ and tissue Authority and the DonateLife Network. Every little bit helps and Illabo PS should be proud of their contribution.

Donations can still be made, please see the link below that will direct you to our donation site on the Footy Colours webpage.

<https://footy-colours-day-2020.raisely.com/illabopublicschool>

## Farewell to Mr Crouch

It has been a pleasure to have Mr Crouch working at IPS for the past 6 weeks. He has been a valuable asset to our teaching team and we will be sad to see him leave. We wish him all the best with his future endeavours and hope to see him at IPS again in the future.







With the return of the warmer weather, we are emphasising the importance of wearing hats on a daily basis. Over the last couple of weeks the students have been reminded that if they do not wear their hats from **Wednesday 16 September**, they will be asked to play under the COLA. Most days we have 100% of students wearing their hats already, which is great!

## Cricket Report

**NSW Cricket** On Tuesday 8 September, Illabo students had the pleasure of engaging in a Zoom session with two players; Tanveer Sangha and Arjun Nair from Sydney Thunder. Tanveer and Arjun were a part of the Country Cricket Blitz to encourage students to play cricket in their local area. They both entertained us with a Q&A and even had time to answer some of the questions Illabo students sent in. To receive more information and to get your children involved with cricket go to the link Play Cricket Australia to find your local competition. <https://www.playcricket.com.au/>



## Looking ahead to Term 4

- Scripture will be returning and we look forward to seeing Mrs Pratt and Mrs Turner on Tuesdays.
- Hot lunches will cease and Thursday canteen will re-commence.
- All students will participate in the IPS Multicultural Public Speaking competition. More information, along with topics, will be sent home early next term.



## Know your sun facts from your sun fiction

### Did you know that when it comes to sun protection, not all hats are equal?

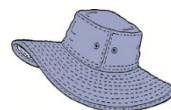
We all know that sun safe hats help protect against skin cancer and eye damage. But did you know that baseball caps do not provide adequate protection from the sun? There is very clear evidence that baseball caps leave the cheeks, ears, chin and back of the neck exposed to ultraviolet radiation, and this is the site of many skin cancers in later life.

### We're championing sun safe hats

Our school recognises the need to protect student's skin and educate them about sun safety to reduce the risk of skin cancer. We provide ongoing education that promotes healthy lifestyles and individual and collective responsibility for sun safety. Sun safe hats are part of our schools comprehensive approach to sun safety and are supported in the following ways:

- The school hat is part of our school uniform and is a sun safe design.
- When planning outside events we put emphasis on time of day and shade planning.
- Students wear sun safe hats for PE and Sport and at recess and lunch time.
- We consider sun safety and the wearing of sun safe hats when planning school excursions.

### Sun-safe hats include broad-brimmed and bucket style.



### Want to know more?

[Sun safety](#) on the public schools website  
[SunSmart Primary Schools](#) or call the SunSmart team on (02) 9334 176

In conclusion, I would like to thank Will for very ably stepping into the role of SAM while Julie is on leave.

Over the next week, staff will be checking in with all parents to discuss your child's learning goals. We are missing the opportunity to chat with you at the school gate and look forward to when things return to normal!

As this is the last newsletter of the term, I wish you a safe and relaxing school holiday. Students return on Monday 12 October.

*Meg*









Charlie received a Jersey Day soccer ball for demonstrating our school values and showing empathy for others.





### How to make the dart

Things you need:

One piece of A4 or a quarter of A4 paper

Step one: Fold your piece of paper in half lengthways and then pull it out so it is a flat piece of paper again.

Step two: Fold the two top corners into the crease.

Step three: Repeat step two.

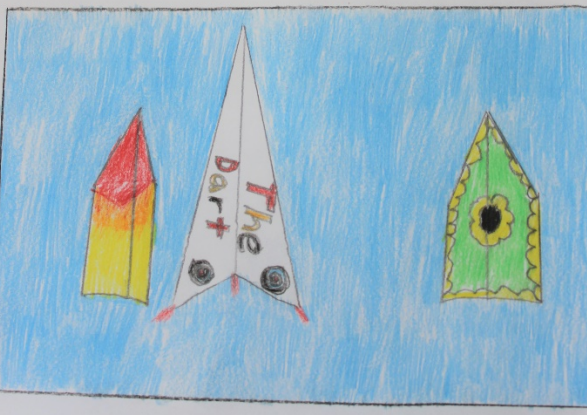
Step four: Repeat step two again

Step five: Fold it in half and make wings however you want.

It zips through the air like a dart and goes about 7 or 8 metres.  
I give it



Written by George Croker



### How to make my favourite paper plane

**What you will need**

1. Scissors.

2. A piece of paper.

3. Coloured pencils to decorate.

**STEP 1:** Make it landscape. Fold your paper in half. Line the paper up evenly. Then unfold your paper.

**STEP 2:** Fold the top corners into the folded line you just made.

**STEP 3:** Fold the top corners in again over the corners you just did.

**STEP 4:** Fold the plane over so that they touch and drag your fingers along the bottom.

**STEP 5:** Make your wings however you want them to look like.

**STEP 6:** Then repeat step five but on the other side of the plane.

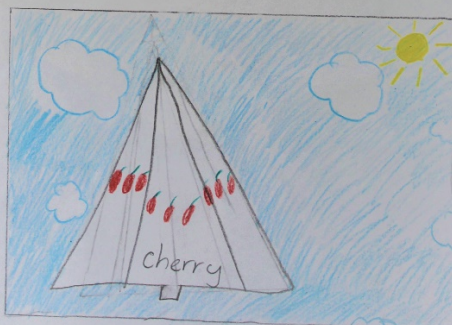
**STEP 7:** You can add flaps to your plane. You just have to cut two little lines on the back of your plane and put them up, down or one up one down.

**STEP 8:** Fold the point back into the plane for safety.

### My experience with my plane.

It had a good height but it could have flown better. Maybe I could add some rips in the middle or on the back of the plane.

By Amelia Garlick



### How to make a paper plane

All you will need is a piece of paper.

1. Fold your paper in half long ways.

2. Now get the top corner and pull it to the centre, do the same on the other side.

3. Now fold the top arrow down to make a bigger triangle, the top touching the bottom edge.

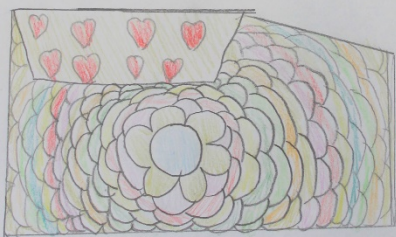
4. Now fold the plane in on the first crease.

5. Then fold one side over to touch the outside of the middle crease and repeat on the other side.

6. Now make sure the wings are on a 90° angle.

7. NOW YOU CAN FLY!

Written by Tully Pratt



### How to make Annabelle's famous paper plane!

**What you will need:**

Paper

Scissors

Marker

**Step one:** You fold it in half landscape.

**Step two:** Then you unfold your paper.

**Step three:** After that you fold all four corners into the crease.

**Step four:** Then flip it over and fold your sides up.

**Step five:** Then flip it back over and bend one of the tips in.

**Step six:** Cut two lines in the bended down sides and bend the cuts up; do it on the other side.

**Step seven:** Then name your plane.

When you fly the plane, the folded point is the front, you can label the back and front if you want to. When you fly it, it does a barrel roll and goes back over your head. To improve your plane, you can fold the other point in and you can add another wing flap.

By Annabelle Ritchie



## Community News

### Goldenfields Water

#### National Water Week Competition

In conjunction with the 2020 National Water Week 19-25 October, Goldenfields Water will be running a water awareness competition for all primary aged students and our school has been invited to participate.

K-2 Students – colouring in competition. (Image can be collected from the school).

Years 3-6 are encouraged to create an A4 poster that reflects this year's national theme 'Reimagine our Water Future' or other water related issues which are important and relevant to our local area.

#### Categories

Entries will be judged in three age categories:

K-2 Best judged coloured in picture

3-4 Best judged poster competition

5-6 Best Judged poster competition

#### Prizes

First place \$50 cash

Second place \$25 cash

Third place Goldenfields Water pack

Entries need to reach Goldenfields Water office by Friday 23<sup>rd</sup> October, please contact the Illabo PS office for more information including an entry form.

